



England Squash & Racketball NEWS!

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Welcome to the July 2011 edition of the London & South East Regional Newsletter for London, Middlesex, Surrey, Sussex, Kent.

We now have our own regional page on the ESR website and the competitions and events will be put on here in future:

<http://www.englandsquashandracketball.com/clubs/in-your-region/london-and-south-east>



General News

Coaching courses: see http://www.englishsquashandracketball.com/find/courses/results?post_code=&distance=&date= and contact Louise Pickford (louise.pickford@englishsquashandracketball.com) to sign up for these courses.

Funding:

<http://www.englishsquashandracketball.com/clubs/funding>

Regional Manager Paul's End of Year Regional Report

Our operating year has now finished and we have final performance figures to reflect upon especially in light of recent Sport England and ESR announcements about restructure. Over the last two years our coaching workforce has done a fantastic job of building relationships and presence in the 'market'. The regional team will now be known to many of you and hopefully will all continue to be employed in the squash and racketball business and working closely with the regional office on a freelance basis. Our national targets for growth, as measured by the Sport England Active People survey, suggest that participation is increasing and compared to most other sports we are ahead of the game and doing well. We do fall short however of our projected growth despite many hours of delivery and field work by the team. Our regional figures for growth suggest 3400 new people last year which equates to 75% of our own target. Of these people who attended courses 800 were in clubs, 600 in leisure centres, 400 in University and 1600 were young people across clubs and leisure centres only. We also influenced and introduced a further 3200 children to squash through schools programmes. In our growth programmes nearly 40% of participants were female and just under 20% were from a black minority ethnic background. On the whole it has been a very successful year. Relationships have been firmly built with all counties, many clubs and individuals. Big thanks go to the regional team. Thanks also go to everyone working for the interest of squash and racketball either voluntarily or in a paid capacity. Without your input our sports would not survive and we appreciate that many hours of graft are put in which don't always get the recognition they deserve.

Freedom Leisure partnership in Sussex

The latest leisure centre partnership in the region came into being last month. The agreement covers 7 Freedom Leisure sites spread across Sussex. K2 in Crawley is included and already has a well established squash and racketball infrastructure which has been supported by ESR and the site management. Andrew Watts of Crawley squash Club has been a particularly influential in shaping much of what has happened there. ESR and Freedom's Area Manager, Chris Markham, are now working to create growth at the other sites starting with The Triangle in mid Sussex. John Millard, ESR's Sussex development coach will now be commissioned on a freelance basis to manage the Freedom relationship to ensure that things keep moving forwards and targets for growth are met.

Finchley Manor T&SC raising the bar

This month saw Finchley's Manor's club tournaments come to a head with several finals being played on the weekend of 21st May. The open final, proved to be an enthralling affair played between young county star Andrew Taylor and Rick Prior, Middlesex Secretary. A great match on the show court with a full crowd and played in a wonderful spirit. Youth finally prevailed over experience with Andrew winning 3-1. Well done to Andrew and all the others that competed. On the same day the club was also presented with its Silver Club Charter Award – something that it really deserved and many thanks go to Lisa the club manager and importantly all those other squash section volunteers that contributed towards gaining this award and to the on-going success of the squash section.

Kent finals

Mote Squash Club in Maidstone played host to 3 finals played between the Outer Kent and Priory leagues to determine overall Kent champions. A well organised event, hosted really well by the Mote SC saw some excellent squash with some evenly matched, hard fought games. In the Mike Westrup Shield (Div 3 winners), Bexley came out on top beating Black Lion by 3-2. The Ian Wright Shield (Division 2) saw Bromley LTC beat Rodmersham slightly more convincingly 4-1. The main event, The Cornwallis Cup for the Division 1 winners pitted Rodmersham again against Park Langley with Rodmersham coming out as eventual winners 3-2. A great day was had by all and personal thanks go to Joe of the Mote SC and Len Locke for the hospitality offered on the day.

Regional Webpage

Please see our regional webpage

<http://www.englandsquashandracketball.com/clubs/in-your-region/london-and-south-east> for details of the following:

Job adverts

News

Junior Squash Camps and Coaching

Adult Squash Camps and Coaching

Squash and Racketball Tournaments for Juniors and Adults, including National Club Champs, National Schools Cup, Junior Regional Closed and more

An Open Day

A Weight Management Course

A Voucher Scheme

A Competition

etc

Take your place on Team England



England Squash & Racketball are delighted to announce the launch of the golden ticket competition, offering one lucky ESR member the chance to become part of Team England, the official elite squad.

The winner will become a member of the 2011/2012 Team England Squad which includes:

- A training session with the squad and England coaches
- A signed England kit and racket
- A place on 'official team photo'
- Their profile on Team England section of the ESR website
- VIP tickets to a tournament

Nick Matthew, world number one and men's team captain says, "This competition is a great opportunity and will allow the lucky winner chance to join the inner circle of the England squash team, and see how some of the world's top players train and live on a daily basis."

Laura Massaro, British national champion and Commonwealth silver medallist also can't wait to welcome along the newest recruit. "This is a fantastic opportunity to meet and greet some of the players from Team England. It's a one off chance to watch how we train on a day to day basis and have a picture taken with us as a team and with your favourite player."

To be in with a chance of winning this once in a lifetime prize activate or join today

www.englishsquashandracketball.com

10 runners up will also receive a signed racket and bag and of course all activated members will receive a wealth of membership benefits, including 20% off a Squash TV discount, up to 50% off theme parks such as Alton Towers, Squash Player Magazine, 50% off total squash subscriptions and 10% off purchases at sportsdiscount.com

To activate your membership visit www.englishsquashandracketball.com click the activate button and follow the onscreen instructions. If you're not already a member it's easy to get involved. ESR offers an online pay and play membership for adults and juniors through the website.

Priced at just £10 for adults and £5 for juniors (U19), pay and play members receive all the benefits of club members through the online member portal. To join today visit http://www.englishsquashandracketball.com/membership_types and your membership will be automatically activated.

The closing date for activated members is 20th August and winners will be announced in the August newsletter at the end of the month so watch this space and good luck!

Balfour Beatty London Youth Games

Boys
1st: Kingston
2nd: Richmond
3rd: Bromley

Girls
1st Redbridge
2nd: Havering
3rd: Barnet



Balfour Beatty London Youth Games

On 3rd July we had another successful London Youth Games Squash Event. After the qualifiers three weeks before we had just the top 8 boys teams and 4 top girls teams at the finals day.

In the boys event the young Bromley team performed really well to gain 3rd place. Richmond were the squash boys runners up, as well as the overall London Youth Games Winners across all the sports. Kingston were the resounding winners for the 2nd year in a row.

In the girls event, 3rd place went to Barnet, although they definitely deserved 1st prize for the best cheering, as they supported their boys team in some very close matches. Havering came in 2nd place and last year's runners up, Redbridge, were this year's winners

Congratulations to everyone who took part. Everyone put in all their effort and it was a great event to be part of. Thanks to all the volunteers, parents, coaches and everyone else who made this event possible.

Harrow BSPA and Court Challenge

Harrow Leisure Centre held a Court Challenge including A,B and C grades alongside a BSPA event over 3 days recently. The BSPA event proved hugely successful with things culminating in a final between top seeds Adrian Grant and Tom Richards on a sweltering hot day in North West London. Richards came out 3/2 winner after 88 minutes. The Court Challenge attracted some 40 competitors across the 3 categories and while the logistics of running the two events at once proved challenging it was certainly a formula for success guaranteeing great crowds and a fantastic atmosphere. Thanks go to event organisers Gary Nisbet and Tony Morrison and also to club members who made the event possible with personal donations.



Surrey Youth Games 2011

Children from all across Surrey took part in the Surrey Youth Games on 18th and 19th June, representing their borough. Thank you to all the volunteers, coaches, staff and parents. Well done to all the players and in particular to the winners:

Junior (School Years 3 - 5)

1st Epsom & Ewell

2nd Elmbridge

3rd Spelthorne

Senior (School Years 6 - 8)

1st Spelthorne

2nd Reigate & Banstead

3rd Mole Valley



SURREY SQUASH & RACKETBALL ASSOCIATION (SSRA)

DEVELOPMENT PLAN SUMMARY

We have an exciting vision – to build a vibrant squash and racketball community – and we want to achieve this by working closely with clubs and coaches. This means helping the clubs nurture their existing membership and attract new members and helping coaches develop their businesses.

We believe that we will only be successful if we commit the necessary resources and, with this in mind, we are appointing a part-time Director of Squash and Racketball and a part-time Administrator. Their task will be to drive the implementation of our three year development plan which includes linking clubs with coaches, linking clubs with schools to boost junior club membership, sharing best practice, providing guidance on facilities management, running tournaments, holding marking workshops and helping with marketing.

We are breaking new ground with this initiative and have high hopes that it will transform squash and racketball in the county. The initiative is supported by and being delivered in partnership with England Squash and Racketball. The London and South East Regional team is keen to see how the plan unfolds as it may represent a best practice model which could be shared nationally.

If you require more information or have ideas you want to share please contact Patrick Fleming at flemingp@btopenworld.com.

For the job adverts please see <http://www.englishsquashandracketball.com/clubs/in-your-region/london-and-south-east>



England Squash & Racketball 2011 Coaching Conference

DON'T MISS THE OPPORTUNITY TO BE INSPIRED AND MOTIVATED TO COACH!

Following a hugely successful inaugural coaching convention, England Squash & Racketball (ESR) returns to Lilleshall National Sports Centre on December 19/20 2011 for the second Coaching Conference in association with Tecnifibre International.

The 2011 agenda promises to deliver informative, varied and original perspective on coaching practices, theories and methodology and includes keynotes and seminars from the English Institute of Sport, ESR Coaching & Performance Team and Team England players.

The evening dinner will incorporate the ESR Coaching Awards, an initiative designed to acknowledge, thank and reward Squash and Racketball coaches across the country for their dedication, innovation and coaching achievements. Live music will entertain following dinner.

The 2011 cost remains at £230.00 per delegate (includes: one night's bed and breakfast twin accommodation (December 19 2011), lunches, conference dinner, refreshments and conference resources). An early bird discount of £30.00 per delegate applies to all completed bookings received before August 31 2011. Applications and payment received after this date will be charged the full delegate rate. Spaces at the conference are limited, please book early to avoid disappointment. To receive a coaching conference application, please contact the ESR Coaching & Performance Department – 0161 438 4318 alternatively louise.pickford@englandsquashandracketball.com

The ESR Coaching Conference is a fantastic opportunity to witness the current methods and approach utilised by the ESR Coaching & Performance Team and to share and discuss your own experiences, practices and philosophy's.

Success for the Pinggeras!

Lilly and Mike Pinggera have been collecting trophies over the last few weeks. At the Brighton Junior Open Mike won the BU15 and Lilly was runner up in the GU13. A week earlier Mike also won the BU15 event at the Chichester Junior Open.



Tom's squash report

Young squash player Tom Walsh, has not only been doing really well in tournaments, recently winning four U13 tournaments in 2 months - Essex, Redbridge, Chichester and Brighton, but has also been writing about it and getting it published!

Please see the link below to see Tom's article that was published in the Chichester Observer.

http://www.chichester.co.uk/sport/other-sports/squash_starlets_impress_at_chichester_open_1_2817868

Sportivate

The Sportivate programme is managed by Active Surrey. Round 2 for applications is now open and will close on Monday 5 September 2011 for projects running between October 2011 and March 2012. Sportivate is a 4-year programme so there will be plenty of opportunities to access this funding.

If you are interested in applying please visit the [Sportivate](#) webpage to download and complete the Sportivate Application by Monday 5 September 2011. If you have any questions or queries regarding Sportivate please email sportivate@surreycc.gov.uk or call 01483 518943.

We look forward to receiving your Sportivate Applications,

Active Surrey Sportivate Team

Additional Information about Sportivate Programme: *Sportivate is a nationwide campaign that forms part of the [Places, People, Play](#) Olympic legacy programme.*

Sportivate will target 14-25 year olds. This target group will receive 6 weeks of high quality coaching in the sport of their choice and then be guided into regular participation within their local community. Our vision? By 2015 to have helped over 5,500 young people in Surrey to participate in long term sporting activity.

- If your club is looking to engage with 18-25 years olds Sportivate funding can help you with the cost of:
coaches/instructors
- facilities
- sports equipment
- participants travel
- marketing
- training of coaches/instructors

Sportivate is an Olympic legacy programme aiming to get more 14-25 year olds participating in regular sport and exercise. **Round 2 is now open for applications. Priority will be given to applications targeting 18-25 year olds.**

This is available in all regions but the details e.g. deadlines may vary slightly. Please see your local county sports partnership for details. Their contact details are on the last page of this newsletter.

Promotional Aids



A3 or A4 sized posters to promote your Squash or Racketball competition.



Racketball promotional Postcards, with “What is Racketball” printed on the reverse.



DVD including “how to guides” for Squash and Racketball and a collection of “why I love” videos featuring players of all ages and abilities. As seen on our website!

NEW RULES POSTERS

We also have new A3 rules posters, one for Squash, one for Racketball and a more abbreviated one for both. Please contact Kirstie if you would like any of the above.

Kirstie.thompson@englandsquashandracketball.com
or 01483 689296



County Contacts

Surrey

www.surreysra.co.uk

Sussex

Sussex Squash & Racketball FACEBOOK page!!!

There is also a blog on the Sussex website:

<http://www.sussexsquash.org.uk/blog/>

Middlesex

Facebook group: Middlesex Squash and Racketball. If you are a Middlesex squash player on facebook please join the group.

Also see www.middlesex-squash.com for their latest news.

Kent

www.kent-squash.co.uk

Useful links

Watch squash online at

<http://www.psasquashtv.com/>



Your Newsletter Needs You!

If you have any stories that you feel would be good for this newsletter please contact Kirstie: 01483 689242 (kirstie.thompson@englandsquashandracketball.com)

The information can be any news-worthy squash or racketball story from within the region.

We also have a regional webpage where we can advertise your tournaments and other events.

Club/Coach Development Workshops

If you are a club who are working towards your England Squash Club Charter, or a Coach looking to keep your Coach Licence up to date, please use the following websites to find out details of course local to you. These include: Equity in Your Coaching, Safeguarding and Protecting Children in Sport, How to Coach Disabled People in Sport and A Club for All. Alternatively, check local availability by visiting www.runningsports.org

London: <http://www.pro-activelondon.org/>
<http://www.pro-activecentrallondon.org/>
<http://www.pro-activewestlondon.org/>
<http://www.pro-activeeastlondon.org/>
<http://www.pro-activenorthlondon.org/>
<http://www.pro-activesouthlondon.org/>
 Middlesex: <http://www.pro-activewestlondon.org/>
 Surrey: <http://www.activesurrey.com/>
 Sussex: <http://www.activesussex.org/>
 Kent: <http://www.kentsport.org/>

Useful Contacts

Paul Fennell
Regional Manager
07989743054
paul.fennell@englandsquashandracketball.com

Kirstie Thompson
Regional Administrator
01483 689296
kirstie.thompson@englandsquashandracketball.com

All **Regional** correspondence can be sent to:
England Squash & Racketball,
Surrey Sports Park,
University of Surrey,
Guildford,
Surrey, GU2 7XH

England Squash & Racketball Headquarters
The National Squash Centre
Sport City
Manchester, M11 3FF
0161 231 4499

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 And youtube: <http://www.youtube.com/esquashandracketball>